

# Art Activity #1

## Gesture Drawing



*Gesture drawing is rapid loose drawing with a focus on capturing the essence of a figure.*

**Activity:** Students take turns being the model for 30-60 second increments by freezing in motion poses while the group tries to quickly draw a rough sketch. After about ten gesture drawing sessions each student chooses one sketch to base a full drawing on.

### **Detailed steps to gesture drawing:**

**Step 1:** Draw the line of the subject. Draw 1-2 lines to represent the basic movement of the subject. This is the most important step.

**Step 2:** Draw the contour of the subject. This can be outlines of the head and limbs or even a stick figure to start with.

**Step 3:** Draw the mass of the subject. Use circles or quick shading lines to show muscles, bellies, bums, etc.

**Step 4:** Keep moving around the drawing without stopping until the time runs out adding detail without focusing on one single area.

*For more in-depth explanation of gesture drawing check out this [wikihow](http://www.wikihow.com/Practice-Gesture-Drawing) article:*